Volume 1, Issue 2
Fall 2014

Center for Correctional Health Networks

CCHNet Newsletter

Welcome To Our Second Edition!

The Center for Correctional Health Networks (CCHNet) is a practice-based research center designed to support the interdisciplinary network members who study and test health care innovations and quality improvement strategies in real world practice settings to determine effectiveness, efficiency and equity of outcomes upon persons with incarceration experiences.

We would love to share the innovative news and professional celebrations of our network partners. To join or to share your news items, send your name and contact information to our email address: *CCHNet@uconn.edu*

For the latest information regarding CCHNET research, meetings and events, please visit our website at: *http://cchnet.uconn.edu*

INSIDE THIS ISSUE:

CCHNet Grand Opening 1
Awards and Acknowledgements 2-3
Research Studies 4
Community Partner Project 5
CCHNet Around the World 6
Other 7
Presentations, Publications, Grants, and Awards 8-10

Like us on Facebook

Grand Opening

Center for Correctional Health Networks

The Center for Correctional Health Networks held its official grand opening on Wednesday, October 29th from 4:00 to 6:00p.m. in the UCONN School of Nursing. The celebration included a speech from keynote speaker, Dr. Warren Ferguson, an educator and family medical doctor from the University of Massachusetts, School of Medicine, and a leader in correctional health, cultural competencies and working with diverse populations.

Attendees viewed the official ribbon cutting ceremony, which formally opened the Center for Correctional Health Networks. CCHNet Director, Dr. Deborah Shelton and other noteworthy team members in addition to honored guests were present for the ceremony. A reception and correctional health poster display immediately followed.

Dr. Deborah Shelton and the CCHNet team cut the ribbon to officially open the Center.

Keynote speaker, Dr. Warren Ferguson, presents at the CCHNet grand opening celebration

Awards and Acknowledgments

Correctional Nurse Competency Program© Receives Award

In partnership with the UCONN School of Nursing faculty under the leadership of Dr. Deborah Shelton, UCONN Correctional Managed Health Care nurses joined together to form Education and Simulation Committees to advance correctional nursing competencies through a one of a kind state-of-the-art continuing education program that improved access to education for all nurses across the state. With support of CMHC's Director of Nursing and Patient Care Services, Dr. Connie Weiskopf, these nurses are education leaders in a system-wide peer-led educator and mentoring program tailored specifically for correctional nurses. After three years of R & D, evaluation data is demonstrating a change in nursing practice and significant impact in patient care. Taking a practice-based approach has brought out the leadership strengths of these correctional nurses who are recipients of the Josephine A. Dolan Award for Outstanding Contributions to Nursing Education. The award was given at the Connecticut Nurses Association Awards Ceremony on October 21, 2014 at the Crowne Plaza, Cromwell, CT.

Awards and Acknowledgments *(con.)*

Dr. Mazen Ghaziri selected for ANA Professional Issues Panel on Workplace Violence and Incivility

ANA announced the selection of members for the Professional Issues Panel on Workplace Violence and Incivility. Our very own Mazen El Ghaziri, PhD, MPH, BSN, RN Postdoctoral Fellow at CPH-NEW will serve on the Advisory Committee. The Panel will develop a position statement on workplace violence and incivility and detail guidance for registered nurses and employers. The Advisory Committee will contribute to the development of resources related to the project. Dr. Ghaziri was selected from a pool of over 500 applications. Two groups have been convened to advise the association and support this important work: the Steering Committee and the Advisory Committee. Watch for the opportunity to comment on the Professional Issues Panel on Workplace Violence and Incivility's position statement in the coming months at http://www.nursingworld.org/Workplace-Violence-and-Incivility-Panel. Congratulations Mazen!

Mazen *El* Ghaziri, *PhD, MPH, BSN, RN. PhD*

Recognized as Top Ten Forensic Nursing Articles

Dr. Deborah Shelton was acknowledged by the Editorial Board of the International Association for Forensic Nurses for her article entitled "Design of a Mental Health Promotion Program for Vulnerable African American Youth". This article, published in the March 2006 issue of the *Journal of Forensic Nursing* continues to be of great interest to health care professionals working in the area today. This recognition was based upon the number of times the article was accessed between January to October 2014.

Deborah Shelton, PhD, RN, NE BC, CCHP, FAAN
Professor & Director of CCHNet

Research Studies – Updates

Study of Correctional Nursing Stress

Dr. Denise Panosky & Alyssa Zabin

Alyssa Zabin presents her research in collaboration with Dr. Denise Panosky at the Frontiers in Undergraduate Research Honors Conference

Dr. Denise Panosky, Associate Clinical Professor in the School of Nursing and Honor Program student Alyssa Zabin, completed a pilot study "Reducing stress among correctional nurses through focus groups" to identify correctional nursing work related stress. This pilot study evaluated through focus group methodology if their job-related concerns and administrative response to those concerns, was associated with a reduction in their levels of stress. A positive reduction in some stressors was found.

Results of this study have been presented at the National Commission on Correctional Health Care Conference in Las Vegas, NV and at the 4th Annual Community Engagement and Research Symposium UMass in Worcester, MA.

Alyssa, a double major student in Psychology and Sociology, linked her study of societal factors to determine the influence upon correctional nurses' stress in the workplace. Alyssa was able to identify specific social perceptions that nurses found stressful, and how the opinions of nurses external to correctional systems may affect correctional nurse performance. Alyssa received a SHARE Award for this project entitled "Social Challenges for Correctional Nurses Delivering Healthcare". Alyssa has presented these study results at the Frontiers in Undergraduate Research Honor's Conference in Storrs, CT.

Creating Pathways for Correctional Health Research Translation

Mackenzie Goodrich, BS; Alexander Filimon, BS & Dr. Deborah Shelton

In the new Center for Correctional Health Networks, under the supervision of Dr. Deborah Shelton, an exciting project is beginning to show some great promise. Creating Pathways for Correctional Health Research Translation is working to use strategies such in order to increase post-incarcerated knowledge about the healthcare system available to them. After several focus groups with post-incarcerated men and women, it was determined that newsletters and television CDs were the best means of reaching out to these individuals to help them to navigate and gain access to healthcare. A pilot newsletter and CD were thus developed and pre and post-test surveys are in the process of being collected in order to determine the effectiveness of this project.

Without the help and support from Community Partners in Action and Project STARR from Hartford, CT this project would not be what it is today: an exciting and promising effort that will ultimately provide better healthcare access and information to the post-incarcerated population. It is also with great pride and enthusiasm that we announce this project will be presented at the 8th Academic and Health Policy Conference of Correctional Health in Boston, Massachusetts on March 20, 2014.

Community Partner Project

Jail Labyrinth Projects

Dr. Donna Zucker

The building of "Labyrinths" in correctional facilities has proven to be extremely beneficial to inmates. Instead of being crammed in a tight jail cell, inmates are encouraged to walk through grass, flowers and stone pathways and take the time to reflect upon themselves and their crimes. Fresh air, exercise and nature are especially helpful for the many incarcerated persons with mental illnesses such as anxiety or depression. However, it is beneficial as it allows them to heal and learn to control their emotions in a healthy and constructive way. For example, instead of getting argumentative and physical toward other inmates, especially during recreation times, inmates can calmly walk the labyrinth and relieve their stress. One inmate has even admitted that being able to walk on these pathways helped him realize that he is not a bad person – he simply made a bad choice.

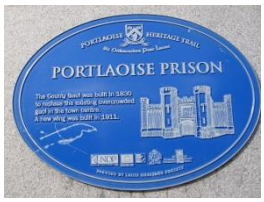
Jail Labyrinth: Northampton, MA

Dr. Donna M. Zucker is a Nursing Professor at the University of Massachusetts – Amherst and an active member of the Center for Correctional Health Networks community. Her expertise in the behavioral management of stress in offenders, especially those with substance abuse, has given her success in the creation and expansion of the Jail Labyrinth Project. She has just returned from sabbatical work and we look forward to seeing the benefits of her work with populations at risk for communicable diseases such as HIV/AIDS and hepatitis.

You can view this project at:
https://www.youtube.com/watch?v=ZJfvJgfzRsg

Donna Zucker, RN, PhD, FAAN, Associate Professor, University of Massachusetts, Amherst.

CCHNet Around the World



WHO Health in Prison Program (HIPP) Conference
October 2nd and 3rd 2014
Portlaoise, Ireland

On October 1st, 2014, Dr. Shelton arrived in Ireland to participate in the WHO Health in Prison Program (HIPP) conference. The conference kicked off with a visit to the Portlaoise Prison, built in the 1830s, one of the oldest still operating in the Irish prison system. It is particularly noted for its detainees- people convicted of membership of illegal paramilitary organizations.

The theme of this year's conference was "Prisoner Empowerment". Dr. Shelton discussed the current project funded by Connecticut Institute for Clinical and Translational Science (CICATS) to discover successful dissemination strategies to reach the highly vulnerable population of people with an incarceration experience. Uptake of health research outcomes can be challenging for this population. Men and women who are released from incarceration frequently have difficulty finding connections to the healthcare system. Often times, they are released without knowledge of resources or access to doctors, medications, or health insurance. In addition, they are unaware of how to make the connections. She also discussed the relationship between health and recidivism.

Dr. Deborah Shelton presenting her research in Portlaoise, Ireland

The SimHealth 2014 Conference
August 25th-Sugust 28th, 2014
Adelaide, Australia

Desiree Diaz, PhD, RN BC, CNE
Associate Clinical Professor

Dr. Desiree Diaz, Clinical Associate Professor in the School of Nursing travelled to the SimHealth 2014 conference to present on behalf of CCHNet faculty including herself, Dr. Louise Reagan, Dr. Deborah Shelton, and Dr. Denise Panosky on a new evaluation measure Satisfaction using Simulated Clinical Education in a Correctional Setting or SSCLEE-C.

A poster entitled "The effective use of training simulation super users to bridge the clinical practice gap and engage the workforce" was also presented. UCONN faculty utilizes this "train the trainers" model in the award winning Correctional Nurse Competency Program ©.

Dr. Terri Kapetanovic, PhD, RN, CPHQ, CMCN

Welcome Dr. Terri Kapetanovic

We are pleased to welcome Dr. Terri Kapetanovic, our new post-doctoral fellow to the CCHNet community. Dr. Kapetanovic (Hospital Diploma, St Mary of Nazareth School of Nursing, Chicago IL; BSN, DePaul University; MSN and PhD, The Catholic University of America School of Nursing) focuses her research on health promotion among men and women reentering communities after incarceration.

Her background is in acute care and medical-surgical nursing and she has worked as a business leader, and healthcare consultant. She is certified by the Healthcare Quality Certification Board as a Certified Professional in Healthcare Quality (CPHQ) and as a Certified Managed Care Nurse (CMCN) by the American Board of Managed Care Nursing. Her doctoral dissertation is titled, "A Descriptive Exploratory Study of Health Promotion among Men and Women Released from a County Correctional Facility." She has a history of working in collaboration with Dr. Deborah Shelton, conducting a study of health services provided to halfway house residents during an internship four years ago.

Her post-doctoral goals include achieving numerous publications, presentations of completed and new work and grant writing. Please welcome her to the CCHNet team!

Excellence in Inter-professional Honor Program Student Involvement

The Center for Correctional Health Networks works to integrate UCONN Undergraduate Honor Program students from across disciplines in the work of the Center by providing opportunities in areas of independent research, service learning, and volunteer activities. Students have the opportunity to get involved with a wide variety of projects, including: individual or faculty research projects, thesis statements, research grants and systematic literature reviews. Projects may relate to unique student interests and disciplinary majors applied to correctional health, giving the Center new and fresh ideas from a variety of approaches and perspectives.

Pictured here is Dr. Deborah Shelton giving some background information about the correctional population and CCHNet to a group of 24 students in Storrs Hall, School of Nursing in the beginning of the fall 2014 semester. Each fall semester CCHNet solicits participation from interested students.

Presentations, Publications, Grants, and Awards

Presentations

Díaz, D.A., Reagan, L., Shelton, D & Panosky. D. (August, 2014). Psychometric evaluation and revision of an instrument to measure satisfaction with simulation in correctional nurses. SimHealth 2014, Adelaide, Australia. August 25-28, 2014.

Panosky, D., Díaz, D.A., Reagan, L. & Shelton, D. (August, 2014). The effective use of training simulation super users to bridge the clinical practice gap and engage the workforce. SimHealth 2014, Adelaide, Australia. August 25-28, 2014.

Panosky, D. (November, 2014). Identifying and Evaluating Stress Reduction Interventions for Correctional Nurses. 4th Annual Community Engagement and Research Symposium: Building on Partnership Strengths to Improve Community Health, University of Massachusetts Medical School, Worcester, MA, November 7, 2014.

Panosky, D. (October, 2014). Reducing Stress among Correctional Nurses through Focus Groups. National Conference on Correctional Health Care, Las Vegas, NE, October 21, 2014.

Reagan, L., Walsh, S., Judge, M., & Shelton, D. (September, 2014). The relationship of illness representation, diabetes knowledge and self-care behavior to glycemic control in incarcerated persons with diabetes. Poster at the State of Science Congress on Nursing Research "Optimizing Health by Addressing Complexity", September 15, 2014, Washington D.C.

Shelton, D., (October, 2014). Creating pathways for health research dissemination among persons with an incarceration experience. Poster. World Health Organization. International Conference on Prison Health: empowering people in prison, improving lives in the community. Portlaoise, Ireland, October 1-3, 2014.

Shelton, D. (October, 2014). Evidence-base for correctional self-care: A US experience. World Health Organization. International Conference on Prison Health: empowering people in prison, improving lives in the community. Portlaoise, Ireland, October 1-3, 2014.

Trestman, R., Correctional Health Care: Bioethical Challenges, Concerns, and Opportunities. Invitation to present at the Institute for Biomedical Ethics, Basel, Switzerland, November 13, 2014.

Trestman, R., (October, 2014). "Correctional Psychiatry Course" and "Research Ethics" at the American Academy of Psychiatry and the Law, Chicago, IL. October 23-25, 2014.

Trestman, R., (November, 2014). "START NOW: Development and Implementation of a Skills-Based Psychotherapy for Correctional Settings". Edinburgh, Scotland, November 11, 2014.

Zabin, A. & Panosky, D. (October, 2014). Social Challenges for Correctional Nurses Delivering Healthcare. University of Connecticut, Frontiers in Undergraduate Research Honor's Conference, Wilbur Cross, Storrs, CT. October 29, 2014.

Publications

Bailey, C., Coscia, A., Sehgal, R. & Shelton D. (2014). Exploring treatment options for an allegedly "untreatable" disorder, psychopathy: an integrative review. In *Psychopathy: risk factors, behavioral symproms and treatment options* (ed). Hauppauge, NY:Nova Publishers. Invited.

Barry LC, Ford JD, Trestman RL. (2014). Comorbid Mental Illness and Poor Physical Function among Newly Admitted Inmates in Connecticut's Jails. *Journal of Correctional Health Care*, 20(2), pp. 135 - 144.

Diaz, D., Panosky, D. & Shelton, D. (2014). Simulation: Introduction to correctional nursing in a prison setting. *Journal of Correctional Health Care*, 20(3), 240-248. doi:10.1177/107835814532324.

Meyer JP, Cepeda J, Springer SA, Wu J, Trestman RL, Altice FL. HIV in people incarcerated in Connecticut prisons and jail observational cohort study, *The Lancet HIV*, Early online publication, October 10, 2014, doi: 10.1016/S2352-3018(14)70022-0.

Tanguay S, Trestman, RL, Weiskopf, C. (2014). Patient Health Satisfaction Survey in Connecticut Correctional Facilities, *Journal of Correctional Health Care*, 20(2), pp. 127 - 134.

Trestman, RL. (2014) Ethics, the Law, and Prisoners: Protecting Society, Changing Human Behavior, and Protecting Human Rights, *Journal of Bioethical Inquiry*, DOI 10.1007/s11673-014-9560-1. Online July 5, 2014.

Trestman, RL, Ferguson W, Dickert J. (2014). Behind Bars: The Compelling Case for Academic Health Centers Partnering with Correctional Facilities. *Academic Medicine*, Online July 24, 2014.

Wang EA, Aminawung JA, Ferguson W, Trestman RL, Wagner EH, Bova C. Assessing Chronic Illness Care in Prison (ACIC-P): A Tool for Tracking Chronic Illness Care in Prison, *Journal of Correctional Healthcare*, *In Press*.

Grant Submissions

Dr. Deborah Shelton & Dr. Megan Ehret: Center for Health Intervention and Prevention (CHIP) Seed Grant Program, $14,975; *Comparison of Virtual and Simulation Technology upon Correctional Nurse Competency*.

Dr. Deborah Shelton, PI: Connecticut Institute for Clinical and Translational Science (CICATS) $144,868; Mentoring (M-1) Award.

Dr. Denise Panosky, PI: Josiah Macy Foundation Faculty Scholars Program. $200,000; *Correctional Nursing Leadership Development*. Dr. Deborah

Dr. Deborah Shelton, PI: Jonas Scholars in Correctional Nursing,; two scholars annually.

Dr. Deborah Shelton, PI: Tier 3 Pre-Proposal Academic Plan; $300,000. *Mapping variation in care: Health disparities in an era of mass*.

Dr. Deborah Shelton, Dr. Megan Ehret & Ms. Valori Banfi: Co-PIs; REP; $50,000, *Self-care management of chronic disease among persons with an incarceration experience*.

Awards:

The Josephine A. Dolan Award for Outstanding Contributions for Nursing Education, Connecticut Nurses Association was awarded the Center for Correctional Health Networks team for their contribution to nursing competency in a correctional setting

Save the Date

CCHNET will host

CICATS Correctional Health Research

Core Interest Group (CIG)

Science Cafe Event

April 10th, 2015, 4:30 – 6:30 pm

UCONN School of Nursing Widmer Wing- WW01

Our newsletter is Biannual! To share your stories, contact us at:

Center for Correctional Health Networks

(CCHNet)

Email: cchnet@uconn.edu

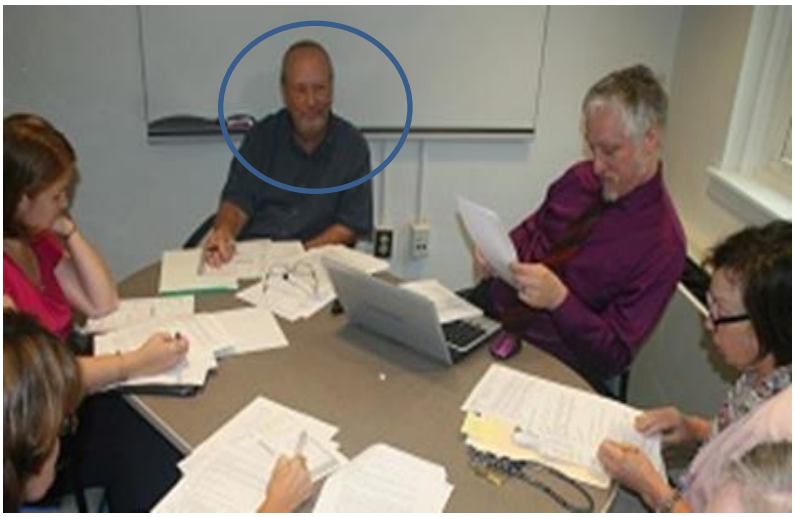
Phone: 860-486-2184

Any questions about CCHNet? Check our website!

http://cchnet.uconn.edu

Center for Correctional Health Networks

Please Support the Research Fund

The Donald R. Squier Memorial Scholarship fund has been established to develop a source of funding for future correctional health research scholars. We are soliciting tax deductible donations on an ongoing basis. Send your donation to:

UCONN Foundation
The Donald Squier Memorial Fund
2390 Alumni Drive, Unit 3206
Storrs, CT 06269-3206.